

# My Cleaning List

TASK:

TIME NEEDED:

ASSIGNED DAY:

# Common Cleaning Tasks

## Whole House Tasks:

High Dusting - ceilings, light fixtures, fans, air vents  
Dust and Spot Clean Walls  
Dust furniture, electronics, decor, flat surfaces  
Windows/Blinds  
Glass and Mirrors  
Vacuum/Lint Roll/De-pill Upholstery  
Vacuum Floors  
Mop Floors  
Baseboards - Clean and Dust  
Laundry  
Pickup/Declutter

## How Often:

Every 1-2 months  
Every 1-2 months  
Every 2 weeks  
Every 3 months  
Once a month  
Every 1-2 months  
Weekly  
Every 2 weeks  
Every 2-3 months  
1 load per day  
15 min per day per person

## Kitchen:

Wash Dishes  
Countertops and Sink  
Cabinets  
Appliances

Daily  
Daily  
Once a month  
Once a month

## Bathrooms:

Tub/Shower  
Countertops and Sinks  
Wipe Down Cabinets  
Toilet  
Floor

My routine for bathrooms:  
Deep clean (touch every surface) every other weekend and wipe down toilets, sinks, countertops, and floors, mirrors (as needed) on off weekends.

## Laundry Room:

Wipe down washer and dryer

Once a month

## Outdoors:

Power wash exterior surfaces and furniture  
Weeding flower beds  
Mowing and trimming

Twice per year  
Weekly as needed  
Weekly as needed